



# Best Practices on Supporting Our Youth Through and After a Mental Health Crisis

*A deeper dive into a youth's return to school after a mental health crisis.*



Judith Saldivar

## Learning Points

-  Communication & Coordination with Medical Facilities
-  Wellness & Safety Support Plan
-  Columbia-Suicide Severity Rating Scale (C-SSRS)
-  Personal Safety Planning

## Intended Audience

School based mental health professionals, school nurses, school counselors, school social workers and school administrators.

TO REQUEST THIS TRAINING AT YOUR SCHOOL SITE  
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